



# TIGER BREAKFAST PROGRAM



## DODGE INTERMEDIATE AND R.B.C. – BREAKFAST MENU – 2017-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <b>TRIX YOGURT AND GRAHAM CRACKERS</b> OR <b>CRUNCHMANIA SNACKS</b> <b>CHOICE OF 1 OR 2 FRUITS:</b> ORANGE JUICE FRESH FRUIT CHOICE OF MILK	 <b>HOMEMADE GRANULATED SUGAR COATED DONUT</b> (whole grain) OR <b>CRUNCHMANIA SNACKS</b> OR <b>TRIX YOGURT AND GRAHAM CRACKERS</b> <b>CHOICE OF 1 OR 2 FRUITS:</b> ORANGE JUICE FRESH FRUIT CHOICE OF MILK	 <b>HOT BREAKFAST BISCUIT SANDWICH W/ EGG, HAM &amp; CHEESE</b> OR <b>CRUNCHMANIA SNACKS</b> OR <b>TRIX YOGURT AND GRAHAM CRACKERS</b> <b>CHOICE OF 1 OR 2 FRUITS:</b> ORANGE JUICE FRESH FRUIT CHOICE OF MILK	 <b>HOMEMADE CHOCOLATE GLAZED DONUT</b> (whole grain) OR <b>CRUNCHMANIA SNACKS</b> OR <b>TRIX YOGURT AND GRAHAM CRACKERS</b> <b>CHOICE OF 1 OR 2 FRUITS:</b> ORANGE JUICE FRESH FRUIT CHOICE OF MILK	 <b>PANCAKE SAUSAGE</b> (turkey) <b>WRAP ON A STICK</b> OR <b>CRUNCHMANIA SNACKS</b> OR <b>TRIX YOGURT AND GRAHAM CRACKERS</b> <b>CHOICE OF 1 OR 2 FRUITS:</b> ORANGE JUICE FRESH FRUIT CHOICE OF MILK	<b>BREAKFAST PRICE: \$1.50</b> <i>All Breakfasts include a Fat-free Choc or 1% White Milk Milk offered for .50 cents Reduced-price is 30 cents per breakfast. Free lunch students receive Free Breakfast as well.</i>
<b>Students must select a minimum of 3 items to qualify as a reimbursable breakfast! Students must take at least one serving of fruit or juice.</b> <b>ALL BREAKFAST ENTREES ARE HEALTHY WHOLE GRAINS TO COMPLY WITH FEDERAL STANDARDS.</b>					Our menus are planned by Registered Dietitian Mark Bindus and are certified by the USDA to meet or exceed the highest standards required. <b>HealthierUS School</b>

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**ALL BREAKFAST ENTREES ARE HEALTHY WHOLE GRAINS TO COMPLY WITH FEDERAL STANDARDS.**

### BREAKFAST SERVING TIMES:

**DODGE – 7:25AM – 7:40AM**

**RBC – 6:45AM – 7:00AM**

### HOW MUCH DOES BREAKFAST COST?

*If you currently are eligible to receive a FREE LUNCH, then you are eligible for a FREE BREAKFAST as well!*

*If you currently are eligible to receive a REDUCED PRICE LUNCH, then you can get breakfast for 30 cents!*

*If you currently pay full price for lunch, then you would have to pay the full price of breakfast which is \$1.50!*

*Want access to useful nutrition information and updates on our lunch program? Then follow me on Twitter at*

<https://twitter.com/TwinTigerRD>



and Twinsburg Food Service brings you...

## Tiger Breakfast Rewards

**Tiger Breakfast - a Great Start for your Brain and your Body!**

**Now even better with Tiger Breakfast Rewards**

**The more times you eat SCHOOL BREAKFAST the more chances you get to win COOL monthly prizes!**